# **Post-metastasis Survival in High-Risk Localised** and Locally Advanced Prostate Cancer Patients **Undergoing Primary Treatment in the United** States: a Retrospective Study

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INTRODUCTION

• For patients with high-risk localised or locally advanced prostate cancer (HR-LPC/LAPC), radical prostatectomy (RP) and radiotherapy (RT), with/without androgen deprivation therapy (RT + ADT or RT only), remain the standard of care treatment options<sup>1,2</sup>

#### RESULTS

**Study sample and cohorts** 

**Patients** 

PMS (Table 1)

Table 2)

age (data not shown)

**Post-metastasis survival** 

• Patients who received RP were younger

at time of primary treatment and at

than those who received RT and RT + ADT

metastasis diagnosis, and showed longer

• There was a high level of missingness in

important prognostic factors other than

• Patients who received RP exhibited longer

differences lost statistical significance after

median PMS than those who received

RT and RT + ADT (Figure 2), but these

controlling for age (Model 1 in Table 2)

was unrelated to their PMS (Model 2 in

• The TTM of patients with HR-LPC/LAPC

## **KEY TAKEAWAY**



- Patients with HR-LPC/LAPC have a poor prognosis, with increased risk of metastasis, which significantly reduces survival<sup>3</sup>
- There is a lack of evidence on the post-metastasis survival (PMS) of patients with HR-LPC/LAPC following these different treatments, as well as on whether the time to metastasis (TTM) determines their PMS

# **OBJECTIVES**

- Analyse characteristics and PMS of HR-LPC/LAPC patients undergoing RP, RT only, or RT + ADT prior to metastasis
- Assess the impact of TTM on the PMS of HR-LPC/LAPC patients

- The post-metastasis cohort included 1,231 patients with HR-LPC/LAPC who developed metastasis after primary treatment (Figure 1)

#### **FIGURE 1: Patient cohorts**



**TABLE 1: Patient characteristics and PMS** 

	RP	RT only	RT + ADT			
Ν	885	262	84			
Median follow-up, yrs	2.9 (1.5-4.7)	2.7 (1.2-4.4)	2.3 (1.0-3.8)			
Median age						
At primary treatment, yrs	63.0 (57.0-68.0)	67.0 (60.0-72.0)	70.0 (64.0-75.0)			
At metastasis, yrs	69.0 (64.0-75.0) 73.0 (66.0-78.0)		73.0 (67.0-77.0)			
Time to metastasis						
TTM, mos	66.0 (31.2-117.6)	50.4 (31.2-104.4)	34.8 (19.2-54.0)			
Post-metastasis survival						
Death, n (%)	444 (50.1)	146 (55.7)	44 (52.3)			
Median survival, mos	54.9 (51.3-62.5)	49.8 (40.4-56.8)	40.1 (30.9-68.8)			



PMS was unrelated to TTM, suggesting that PMS may be a constant length of time regardless of how one gets to metastases. Thus, the results suggest that treatment with agents that delay the development of metastasis may improve overall survival of patients with HR-LPC/LAPC

## CONCLUSIONS



#### This study shows that prevalent treatment approaches for HR-LPC/LAPC do not seem to influence PMS, and that therapies delaying the development

#### **METHODS**

- The ConcertAl Patient360<sup>™</sup> database<sup>4</sup> was used for this real-world study
- The database, which is predominantly derived from medical oncologists in community oncology practices and academic medical centres across the United States, was queried from January 2000 to October 2022 for individuals aged  $\geq$ 18 years
- Patients with HR-LPC/LAPC (based on National Comprehensive Cancer Network [NCCN] criteria<sup>1</sup>) who underwent RP, RT only, or RT ± ADT (gonadotropin-releasing hormone) agonist or antagonist) were identified
- TTM was defined as time from primary treatment with RP, RT only, or RT + ADT to diagnosis of metastatic disease
- PMS was defined as the time from diagnosis of metastatic disease to either death or censoring at the date of last activity in the data for patients without

Parenthetical values are interquartile range unless otherwise noted.

FIGURE 2: PMS for patients with HR-LPC/LAPC by treatment



of metastases may improve overall survival in this patient population



This real-world data study showed that in patients with HR-LPC/LAPC, RP was associated with longer PMS than RT + ADT and RT only, a finding not maintained with adjustment for age



Future research is warranted to explore data sources with higher urology practice representation, and detailed information on prognostic factors (eg, disease volume, treatment received) and castration resistance

# **ACKNOWLEDGMENTS**

Writing assistance was provided by Ann Tighe, PhD, of Parexel, and was funded by Janssen Global Services, LLC.

#### a recorded date of death

- Pre- and post-metastasis survival were analysed using Kaplan-Meier methods
- Hazard ratios of PMS were obtained from Cox models to control for age and evaluate the impact of TTM on PMS

Number at risk												
	885	593	300	139	71	36	20	7	4	1	0	
	<b>—</b> 262	165	81	29	13	7	3	1	0	0	0	
		47	20	5	1	0	0	0	0	0	0	

#### **TABLE 2: Cox model HRs for PMS**

		Unadjusted HR (95% Cl)	Age-adjusted HR (95% CI)			
Model 1	HR-LPC/LAPC with RP vs:					
	RT	1.26 (1.04-1.52)	1.19 (0.98-1.43)			
	RT + ADT	1.47 (1.08-2.00)	1.32 (0.97-1.81)			
Model 2	TTM in HR-LPC/LAPC, yrs	1.01 (0.99-1.03)	0.99 (0.98-1.01)			
CL confidence interval: HR bazard ratio						

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#### Presented at the 15th European Multidisciplinary Congress on Urological Cancers; 2-5 November 2023; Marseille, France.

#### DISCLOSURES

The authors report relationships/financial interest in/relative to as follows: **SF:** Astellas Pharma, AstraZeneca, Janssen Biotech, Bayer, Pfizer, Sanofi, Myovant Sciences, Merck, and Exact Sciences; **CM:** Great Debates & Updates in Genitourinary Oncology HMP Global Learning Network and European Association of Urology; LF, FS, NB, SM, SMc, DL, LY, and FP are employees of Janssen and may hold stock in Johnson & Johnson.

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